



Grass-fed Meats

Forest Products

The Macon Family
11515 Joeger Road
Auburn, CA 95602
(530) 305-3270

flyingmule@wavecable.com
www.flyingmulefarm.com

Summer/Fall 2010 Price List

Grass-fed Lamb

Rack of Lamb	\$17.99/lb
Lamb Tri-Tip (butterflied leg)	\$9.99/lb
Top Round (boneless)	\$10.99/lb
Bone-in Leg of Lamb	\$8.99/lb
Leg Steaks	\$9.99/lb
Lamb Shanks	\$7.99/lb
Loin Chops	\$15.99/lb
Boneless Loin Roasts	\$18.99/lb
Shoulder Roasts (boneless)	\$8.29/lb
Shoulder Chops (arm and blade)	\$7.99/lb
Boneless Sirloin Roast	\$10.99/lb
Sirloin Chops	\$10.29/lb
Kabobs (from leg)	\$9.99/lb
Riblets (lamb breast)	\$7.99/lb
Lamb Stew	\$5.99/lb
Neck Slices	\$5.29/lb
Lamb Flank Steaks	\$9.29/lb
Ground Lamb	\$8.29/lb
Whole Lamb	call for quote
Half Lamb	call for quote

Grass-fed Mutton

Our grass-fed mutton is incredibly mild flavored – try some today!

Rack	\$10.99/lb
Boneless Loin	\$10.99/lb
Bone-in Stew Meat	\$2.29/lb

Grass-fed Sheep Sausage

Basque Chorizo	\$8.99/lb
Italian Sausage	\$8.99/lb
Argentine Sausage	\$8.99/lb

Sustainable Forest Products

Douglas Fir Firewood	\$240/cord
Live Oak / Black Oak Firewood	\$275/cord
Campfire Wood (incl. kindling)	\$8/bundle
Kindling	\$10/box
Peeled Douglas Fir Poles	call for quote
Farmstead Lumber	call for quote

Grass-fed Beef

Ribeye Steak (Boneless)	\$17.99/lb
Ribeye Steak (Bone-in)	\$16.99/lb
Prime Rib (4-rib)	\$15.99/lb
Filet Mignon	\$18.99/lb
London Broil	\$9.99/lb
Sirloin Steak	\$12.99/lb
Short Ribs	\$7.99/lb
Ground Beef	\$6.99/lb
New York Steak	\$16.99/lb
Flank Steak	\$10.99/lb
Brisket	\$7.99/lb
Tri-Tip	\$11.99/lb
Stew Meat	\$6.99/lb
Flat Iron Steak	\$12.99/lb
Skirt Steak	\$9.99/lb
Beef Kabobs	\$9.99/lb
Oxtails	\$4.99/lb
Cross Rib Roast	\$5.59/lb
Mock Tender Roast	\$6.99/lb
Eye of Round Roast	\$7.99/lb
Chuck Roast	\$5.49/lb
BBQ ribs	\$6.99/lb
Tongue	\$2.99/lb
Beef Liver	\$2.99/lb
Kidneys	\$2.99/lb
Hearts	\$2.99/lb
Beef Bones	\$2.29/lb

Where to Buy Flying Mule Farm

Grass-fed Meat

- Old Town Auburn Farmer's Market (Saturdays)
- Rocklin Farmer's Market (Saturdays)
- Roseville Fountains Farmer's Market (Tuesdays)
- Sierra Foothills Meat Buyer's Club
- Café Zorro (Loomis)
- Carpe Vino (Auburn)
- Latitudes (Auburn)

For great grass-fed recipes, please visit our website at:

www.flyingmulefarm.com

Also, check out our blog at
www.flyingmule.blogspot.com